

Sri Lanka – Island of Serendipity

Pilgrimage with Dharmacharya Shantum Seth: January 5 to January 17, 2026

Sri Lanka Extension January 17 to January 19, 2026 (3-days)

TEACHER BIOGRAPHY



Shantum Seth

Shantum Seth, an ordained Dharmacharya (Dharma teacher) in the Zen Buddhist lineage of Thich Nhat Hanh, is the foremost expert on the sites associated with the Buddha and has been leading pilgrimages in India and across Asia since 1988. He worked with the United Nations for more than 15 years, including in Sri Lanka and was a Senior Advisor to the World Bank and on the Advisory group to the Minister of Tourism and Culture on pilgrimage tourism. He has co-authored books such as *Walking with the Buddha* and been a consultant for films like BBC-Discovery's *Life of the Buddha* and BBC-PBS's *The Story of India*. He has been promoting mindfulness in education, with the police, and is setting up a Plum Village practice centre in the foothills of the Himalayas through the non-profit *Ahimsa Trust* of which he is a co-founder.